Small Group Session (Thursday, April 23, 2020, 10am) IT'S A MATTER OF TIME – A MONTH HENCE!

Computer: https://zoom.us/j/8238070673

Phone: Dial 1-646-558-8656 Meeting ID: 8238070673 Password 6971#

ANNOUNCEMENT: We have had to postpone our trip to Ogunquit May 7. However, Jean has made arrangements for our luncheon on September 24, which is the Thursday of their week vacation. We will discuss this more at our meeting.

Suggest that you have a candle that you can light during Opening Words.

Opening words

In the month since it started to affect our lives,

We have been standing our distance, self-isolating, and donning masks,----

Not just wearing but also MAKING masks.

We have waited in lines to get into stores

For people to move through isles at 6 foot distance, as people have waited for us.

To check out.

Everything not only seems to – but does -- take longer.

Ever wonder how our time function compares with how long it took a generation of two ago, like going back in time.

Maybe it 'takes longer' because we got so used to things going faster.

As our routines change, sometimes smoothly and nicely, sometime with increasing disruption or sometimes wondering how this will be when the pandemic ends.

As we connect with others sometimes less, sometime more, sometimes with more electronic intervention,

As we connect with ourselves, checking in to see how we are emotionally and physically, and what has changed or is changing,

How is it with our spirits? What are our need now, a month in?

Sharing/Check in: Briefly share how it is with you today, the ups and downs, what you need from the group, and what you have to offer.

Topic/Activity:

Rev. Carie and Communications Work Group is inviting articles for the May Flaming Chalice. This is a connection opportunity for the community. The groups and programs are asked to reflect on

how the last couple of months have been for them, what they have done to stay connected or to take a break, how this experience has affected their activity and their group, and other thoughts about this time at UUCC.

How have you participated in things that have been and are being offered through the church? What suggestions do you have that would enhance the connections at this time? The church doors may be closed, but the church's heart is open!

Likes and Wishes/Checking out: How has this session been for you?

Closing words:

We may be more connected now than ever.

We connect by video with (everyone can be seen) or without a camera (people can't see us), We connect by phone, hearing and being heard.

We learn new ways of listening and interacting in virtual shared space,

We acknowledge this new reality, differing opportunity for time together when other things divide!

May our spirits be together.