

Community/Connections in the Search for Truth/Meaning: **MEANING IN MUSIC**  
**Need:** Have hymnals available. (Sanctuary, in case they want to use piano.)

**Opening words:**

Here in the middle of the seven Unitarian Universalist Principles is the fourth UU Principles--  
The free and responsible search for truth and meaning.

The first Principle, the inherent worth and dignity of every person – including you and me. I have my values and ideas, and so do you. And your ideas and values and my ideas and values engage every time we meet! This is *individualism* – with the need for connections.

The seventh principle is being part of the interdependent web, or all of us are in this together. *Interdependence* is evident in our community.

We come as individuals, on our own spiritual journey for truth and meaning. In community, our search enriches our lives and the community itself. This is precisely what we are doing together now!

**Covenant for this session:**

We value our time together and revere each person is present. We share and we are silent to accept the sharing of others. We speak from our hearts and for ourselves only, without needing to respond or give advice. We hold our sharings in confidence within our circle.

**Check-in/Sharing:** Because the session today is an hour rather than the usual two hours, check-in will be brief, like a few sentences. How is it with you today?

**Scavenger Hunt:** Please sign the Scavenger Hunt card and return to a facilitator.

**TOPIC: Meaning in Music**

From the [\*Confessions of St. Augustine\*](#)

“How I wept, deeply moved by your hymns, songs, and the voices that echoed through your church! What emotion I experienced in them! These sounds flowed into my ears, distilling the truth in my heart. A feeling of devotion surged within me, and tears streamed down my face--tears did me good.”

1. How do we sing at UUCC?
2. What hymns or phrases from hymns have particular meaning for you?
3. How does the music (the hymns, the choir, the instrumental music) relate to your search for truth and meaning?

You may want to sing during the session.

**Check-out/Likes and Wishes:** How was the session for you? What are you taking with you?

**Closing:**

To worship is to work with dedication and with skill;

It is to pause from work and listen to a strain of music.

To worship is to sing with the singing beauty of the earth;

It is to listen through a storm to the still small voice within. Jacob Trapp, UU Minister