

Weekly E-Blast

Unitarian Universalist Community Church
Wednesday, July 25, 2024

In this Issue:

- [Upcoming Services](#)
- [Upcoming Special Events](#)
- [Ongoing Connections](#)
- [Notices / Updates / News](#)
- [General / Contact Info](#)



[Zoom](#)
[Room](#)

69 Winthrop St., Augusta ME
(207)622-3232 – info@augustauu.org
www.augustauu.org

A Message from our Minister

As we move through yet another important time in history, may we live our values as we engage in the work of democracy. UU's focus on democracy and active participation in voting rights and legislative advocacy has many times focused on the areas of life that broaden our commitment to justice and inclusion.

Although summer has its leisure components, it also has its time for commitment, action and connection. As you move through the beautiful transitions of color headed our way, may we also live into this time of transition politically.


Carol Hanisch, feminist activist, and writer published an essay titled, "The Personal is Political." I would adapt to say, the political is personal and spiritual. I look forward to living into this time in history with you, my companions, in living our UU faith.

May this eblast find you well, knowing that you belong to this beloved community.

Love & Light,

Rev. Donna, she, her

Maine Unitarian Universalist State Advocacy Network will be holding a UU the Vote Network Meeting on September 7th. Live link to register below image. To read more about MUUSAN's commitment to justice visit their webpage at www.muusan.org.



Save the Date!
UUtheVoteME Network Meeting
September 7th, 2024
10:30 - noon
Hybrid! Brunswick UU and Zoom

Join us - either in person at the Brunswick UU church or on Zoom - to learn how we as Maine UUs can impact voters across the country. Hear from Rev. Lisa Garcia-Sampson from North Carolina about how we can support GoTV efforts there, learn how to support Maine efforts with the League of Women Voters of Maine, get inspired by what other Maine UU churches are doing, and participate in a postcard-writing or other action!

Questions? Contact admin@muusan.org.

See you in person or on Zoom on September 7th!

p.s. Note MUUSAN's new logo at the top of this email, designed by the multi-talented Brunswick UU Minister, Rev. Kharma Amos!

Click [HERE](#) for the Calendar of UUtheVoteME-related Activities and Opportunities

Click [HERE](#) to Register for the Sept 7th UU the Vote ME Hybrid Network Meeting

Upcoming Services

<p>Sunday July 28, 2024</p> <p>Ingathering music to begin at 9:55 a.m.</p>	<p>Embodying our Principles Susan Roberts</p> <p>Can you recite all eight of our UU Principles from memory? How powerfully do they move you in your day to day life? Do you find them healing? Join us this Sunday to experience our principles from the healing perspective of <i>chakras</i> in Ayurvedic Medicine.</p> <p>A special thank you to our worship arts team. Lori Milner will be our worship associate. Priscilla J. Jenkins will manage Boxcast technology and Angie Blevins will run the slide deck developed by Rev. Donna. Our pianist will be Hannah Faulkner. We need a volunteer for Coffee Hour. If you can help, please contact Susan Claska at 242-9100 or slcburnett@me.com. Our greeter will be Jim Caldwell.</p>
<p>Sunday August 4, 2024</p> <p>Ingathering music to begin at 9:55 a.m.</p>	<p>BREATHE: The Human Journey Catherine Palmer</p> <p>Based on the sculptures by Marjorie Michael and words by Virginia Olsen Baron (1974), I weave my own story into each slide (including an update from my traumatic June 14 cliff dive in Ogunquit). We will also hold space in this service for you to share your <i>Joys and Sorrows</i> with our community.</p> <p>A special thank you to our worship arts team. Kathy Kellison will be our worship associate. Nan Bell will develop the slide deck. Marty Peters will serve as our Boxcast tech. Karen Foust will be our pianist. Our coffee hour will be hosted by Terry and Betty Cairn and our greeter will be Michaela Loisel.</p>

Sunday worship service is held IN-PERSON in the Sanctuary. Please be aware that the church doors will be locked 10 minutes after the service begins. The greeter will be at the front door to let anyone in after that time.

If you want to watch the livestream of the service, please visit:

<https://boxcast.tv/channel/mtifpth0utvesjqgjej>

If you missed a service or want to watch a service again, the link above also allows access to prior services. Click on the play button on the video of the “broadcast date” you are interested in watching. Services may be viewed by Boxcast for a week after the service is live.

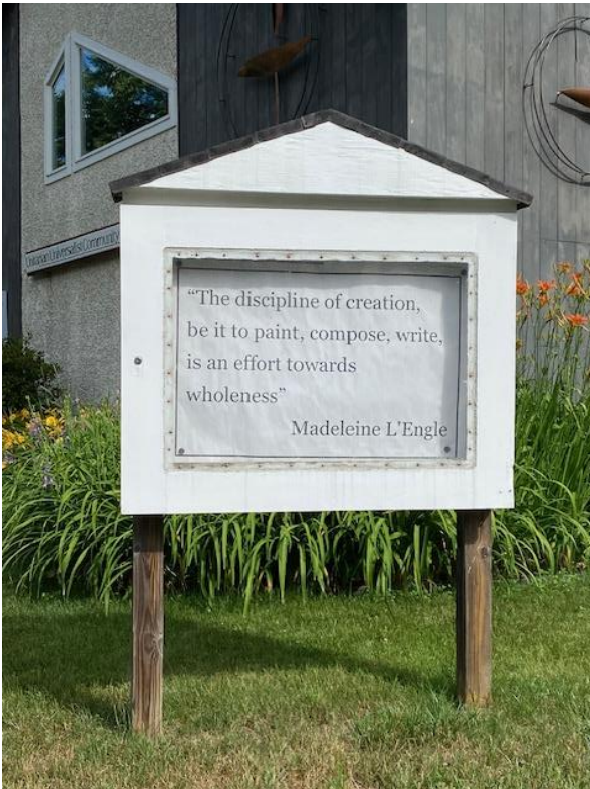
Special Events / Opportunities

Summer is in full swing and things slow down a bit here at the church. But, as Rev. Donna's message relays "it also has its time for commitment, action and connection." See her message for an opportunity for action this summer with MUUSAN's UUtheVOTE drive.

Please see the Social Justice section in **Notices/Updates/News** for MANY opportunities for enrichment and action! There are still many upcoming Wabanaki cultural awareness events happening all over the state as well as a number of walks for Historical & Ecological Recovery.

An opportunity for reflection...

An opportunity to reflect on the latest wayside pulpit message being shared on the corner of Winthrop and Summer Streets.



The discipline of creation, be it to paint, compose, write, is an effort towards wholeness.

~Madeleine L'Engle

Thank you to Angie Blevins for maintaining the wayside pulpit and providing us with messages to ponder.

Are you interested in offering programming or scheduling an event for the UCC community?

Please use this [program request online form](#) to help guide the process.

Connections by Day of the Week


ALL church events and meetings are reflected on the UUCC calendar
 Click below to view ALL events, including any group meetings or other business meetings.
<https://www.augustauu.org/calendar-and-communications/>


Some events are still being held in the UUCC Zoom Room.

[Click here to join Events in the Zoom Room:](#)

For other ways to join Zoom, see [General Information](#)
Zoom meeting id: 823 807 0673 – Password: 6971



<p><u>Monday</u> Each week <u>6:30 – 8:00</u> p.m. <u>Private</u> <u>Zoom</u></p>	<p style="text-align: center;"><u>Peaceful Heart Sangha</u></p> <p>BY Private ZOOM –EVERY Monday. You may join us at 6:15 to settle in. PLEASE NOTE: In June and July, the group will meet in-person in the Sanctuary and online, on the 1st and 3rd Monday of each month.</p> <p>Please contact Marty Soule for updated Zoom login information at: email: martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com <i>Sangha gatherings are free and open to all.</i></p> 
<p><u>2nd & 4th</u> <u>Monday</u> <u>9:30 – Noon</u> Next Meeting is August 12</p>	<p style="text-align: center;"><u>Sewing/Craft/Hobby Group</u></p> <p>Sewing/Craft/Hobby Group meets in the Fellowship Hall the 2nd and 4th Monday of each month from 9:30 am - 12:00 Noon. We ask that attendees help set up and put away tables and chairs.</p> <p>Just bring whatever you'd like to work on, machine or hand sewing, craft or hobby item you are working on, and we will all help one another as needed. Be sure to let us know if there is anything you need from one of us...we are likely to have whatever it is! Martha 887-1104 or 313-5859 / Nancy 213-3047. All are welcome. Bring a friend, if you like.</p>
<p><u>Tuesday</u> <u>10:30 a.m.</u> <u>UUCC</u> <u>Virtual</u> <u>Zoom</u></p>	<p style="text-align: center;"><u>Lectio Divina</u></p> <p style="text-align: center;"><Group on break for the summer months></p> <p>The Lectio Divina weekly group held its last session for the church year on June 18. The group will now break for the summer months until it resumes on September 10th.</p> <p style="text-align: center;">Stay tuned for more information.</p>
<p><u>Tuesday</u> <u>4:00 pm</u> <u>Weekly</u></p>	<p style="text-align: center;"><u>Drop-in Sustainable Heath Qijong group</u></p> <p style="text-align: center;"><Group on break for the summer months></p> <p>The group is on break for the summer months until it resumes after Labor Day.</p> <p style="text-align: center;">Stay tuned for more information.</p>

<p><u>Wednes- day</u> <u>6:00 – 7:30 p.m.</u></p>	<p style="text-align: center;"><u>UUCS Choir Rehearsal</u></p> <p style="text-align: center;"><Group on break for the summer months></p> <p>The Choir will not meet for rehearsals over the summer months. We will resume rehearsals August 28th and meet every Wednesday from 6:00-7:30 p.m. in the sanctuary.</p> <p>Questions? Please reach out to Bridget Convey at: musicdirector@augustauu.org.</p> <p style="text-align: center;">All are welcome!</p>
<p><u>Wednes- days</u> <u>Each Week</u> <u>5:00 – 6:00</u> <u>p.m.</u></p>	<p style="text-align: center;"><u>Gentle YOGA</u></p> <p style="text-align: center;">Hosted by Debbie Mattson</p> <p>UU Yoga is offered as a hybrid gathering. People can choose to gather in the Fellowship Hall for yoga, Wednesdays 5 PM-6 PM or join via zoom. Here is the zoom link:</p> <p style="text-align: right;"></p> <p>https://maine.zoom.us/j/95825651125?pwd=UWJpOVFjVFJGbz3dMWmZoOTRXa3VoUT09 Password: 174192</p> <p>Please join us a few minutes before 5:00 to settle in so we can begin class right at 5:00 p.m. FMI: DebbieMattson@hotmail.com</p>
<p><u>2nd & 4th Wednesday</u> <u>1:00-2:30pm</u></p> <p>2nd Wed. – C-FH 4th Wed. - C-FH</p>	<p style="text-align: center;"><u>Seasoned Souls</u></p> <p>Seasoned Souls is a group of older church members that meet as a study/support group to talk openly about topics related to the aging process. Seasoned Souls is open to any church member over 65 years of age. We will now be meeting on the 2nd and 4th Wednesday of each month in the Fellowship Hall.</p> <p>FMI: For more information please contact Hal Booth at halbooth1@yahoo.com or (207)623-8383 [land-line, no text].</p>
<p><u>Thursdays</u> <u>Each Week</u> <u>8:00 – 9:30</u> <u>a.m.</u></p>	<p style="text-align: center;"><u>Peaceful Heart Sangha</u></p> <p style="text-align: center;">You may join us at 7:45 a.m. to settle in. Meet from 8-9:30</p> <p style="text-align: right;"></p> <p>-- IN-PERSON every Thursday at the River Studio, 332 Water St. Hallowell (except the last Thursday of the month) --BY Private ZOOM – last Thursday of the month</p> <p style="text-align: center;">Please contact Marty Soule for updated login information at martysoule@gmail.com. FMI: peacefulheartsangha@gmail.com</p> <p style="text-align: center;"><i>Sangha gatherings are free and open to all.</i></p>

<p><u>2nd & 4th</u> <u>Thursday</u> <u>In the</u> <u>UCC</u> <u>Virtual</u> <u>Zoom room</u></p> <p>9:00 – 10:30 a.m.</p>	<p style="text-align: center;"><u>Writing to Wake the Soul</u></p> <p>This is an open group that gathers and writes together to explore spiritual themes. The writing is used as a conveyance to connect more deeply with ourselves and each other. We are not writing to develop skill. Come and try it out; there is no obligation to come each time we gather. This group will be meeting in the UCC Virtual Zoom Room.</p> <p style="text-align: center;">FMI: please contact Debbie at (207)557-2697 or debbiemattson@hotmail.com</p>
<p><u>1st</u> <u>Thursday</u></p> <p><u>Noon-1:30</u> <u>p.m.</u></p>	<p style="text-align: center;"><u>Read Learn Share Book Group</u></p> <p style="text-align: center;"><Group on break for the summer months></p> <p>We will resume meeting on the first Thursday of the month from noon until 1:30 in Fellowship Hall or by zoom in October.</p> <p>A lot happens over the summer to get ready for a new year. Books are being chosen for next year - see the details in Notices/Updates/News section below. For more information, contact June Zellers at jzellers@roadrunner.com or Kathy Kellison at kell6787@gmail.com.</p>
<p><u>4th</u> <u>Friday</u></p> <p><u>6:30 – 8:30</u> <u>Sanctuary</u></p> <p>Next Meeting is July 26th</p>	<p style="text-align: center;"><u>Free Style Drum Circle</u></p> <p>The Augusta Community Drum Circle is a free style drum circle welcoming people of all ages, walks of life, and abilities. Free style means no one is assigned ‘pieces’ to play. Just play! Or don’t play! Just come watch, sing, dance, or bring your own instruments. No one cares if you’ve never played before or if you make a mistake. As long as you are having fun you can’t get it wrong! <u>ALL are welcome.</u> Event is FREE, No RSVP, just come!</p> <p>The Drum Circle meets the fourth Friday of each month at 6:30 pm in the Sanctuary. For more information you can contact Mike Moody at mtmoods@gmail.com or 229-1118.</p>
<p><u>Every</u> <u>Saturday</u></p> <p>9:00 – 11 am</p>	<p style="text-align: center;"><u>UCC Occasional Orchestra</u></p> <p style="text-align: center;">The UCC Occasional Orchestra will take a break over the summer months.</p> <p>Rehearsals will resume Saturday, Sept 7th in the Sanctuary from 9:00-11:00 a.m.</p> <p style="text-align: center;">Come and share your musical talents with our UCC community. All are welcome, please join us!</p> <p>Questions: please contact our UCCOO Orchestra Director, Michael P. Atkinson at: mpatkinson@gmail.com.</p>

<p>4th Sunday</p> <p>1-2:30 p.m.</p> <p>Next Meeting is July 28th</p>	<p><u>Goddess / Earth Circles</u></p> <p>Goddess / Earth Circles Summer Connections Meetings are 1-2:30pm in the Fellowship Hall</p> <p><u>July 28</u> Lamas, Phases of Our Lives (Maiden, Nurturer, Crone, Sage)</p> <p><u>August 25</u> Crone phase: Our Inner Realms</p> <p><u>September 22</u> Autumn Equinox/Mabon; Invitation to Croning; Keeping connections</p> <p><u>October 27</u> Samhain; Ceremony for New Crones and Renewals</p> <p>Please contact Helen Zidowecki or a Goddess/Earth Circles member if you are interested in being Croned. More information is available at Goddess/Earth Circles on the website.</p> <p>FMI Contact Helen Zidowecki (207-582-5308, mailto:hzmre@hzmre.com).</p>
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Notices / Updates / News

New way to do coffee hour, involving everyone!!

With a new minister and a new global hospitality chair, why not have a new way to do coffee fellowship. Beginning on Sept 8th we will implement teams for coffee fellowship. Individuals will be placed on a team of 3-4 individuals and given a date to organize and serve coffee. This will provide you an opportunity to build a small community.

If for some reason you are unable to join in, please contact Susan Burnett at slcburnett@me.com or 207-242-9100 (text or call).



More details to follow...
Until then,

The summer schedule for coffee hour volunteers is on the bulletin board in the Fellowship Hall. There are still a number of openings. Please sign up on the sheet or contact Susan Claska at slcburnett@me.com or call (207) 242-9100.

Events and Program Reminder: Thank you to all who offer programming at UUCC. We have a dynamic calendar full of offerings. Please let Lynn Smith, UUCC's Church Administrator know when your program has a change so we can keep our calendar up to date. Again, thank you for helping create UUCC's vibrant community.

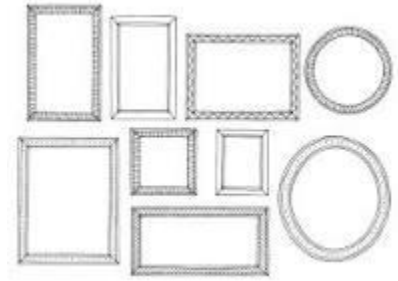
--peace and gratitude, Rev. Donna, she, her

Do you have any good photos of UCC folks in action?

The 8th Principle Task Force is looking for photos of our congregation working for social justice and building beloved community. Think marches, parades, work projects, people with banners. We have seen some photos recently during services so we know they are out there!

We plan to create a visual display that shows us working toward becoming a more diverse community and creating a better world. Digital photos are preferred. Please send to Karen Allen at kwallen@gwi.net -- only one or two photos per email, please, especially if files are large.

UCC PHOTOS
WANTED



READ LEARN SHARE

For many, summer is reading season. For the UCC book group, summer is planning season.

- In June we collect suggestions for our ballot for next year.
- In July we research the titles on the list and make our selections by a ranked choice vote.
- The list is unveiled in August and we begin meeting in October.

A reminder that the group does not require a commitment. Come once or come every time. For more information, contact June Zellers at jzellers@roadrunner.com

Social Justice Updates

Mobilize Recovery invites you to its Project Doorstep Canvass Event.

Run for Recovery Graduation

Join us for the **first-ever graduation of Run For Recovery**, a non-partisan program dedicated to recruiting, training, and mentoring people in recovery and their family members to run for and win state and local elections!



DATE: AUGUST 14TH



TIME: 5 PM EST



VENUE: ZOOM ([REGISTER HERE](#))

Hear directly from inspiring individuals in recovery and their families about their journeys and motivations to run for and serve in elected office, including:

- Ryan Hampton - Candidate for Nevada State Assembly, District 4
- Courtney Gary-Allen - Augusta, Maine At-Large City Councilor
- Graduates of the Run for Recovery Year-Long Program

Don't miss this unique opportunity to support and celebrate our community's future leaders!

Wabanaki Cultural Events Summer 2024

Penobscot Community Days, August 2 - 4 at Penobscot Nation, Indian Island. Go to <https://www.penobscotnation.org/penobscot-nation-community-days/> for more information.

Sipayik Passamaquoddy Days, August 9 - 11 at Sipayik, Perry. Go to https://wabanaki.com/sipayik_indian_days-2/ for more information.

Wabanaki and SBC Collaboration- Salt Bay Chamberfest, August 15, 1:00 - 2:00 PM at Wabanaki Public Health & Wellness, Bangor. Go to <https://saltbaychamberfest.org/sbc-concerts/081524-wabanaki> for more information.

Mi'kmaq Nation Mawiomi of Tribes, August 16 - 18 at Spruce Haven, Caribou. Go to <https://micmacns.gov/mawiomi> for more information.

Wabanaki Arts Market August 24, 10:00 AM - 3:00 PM at Sabbathday Lake Shaker Village, New Gloucester. Email info@maineshakers.com for more information.

WHERE2024 (Seven Walks for Historical & Ecological Recovery)

Atlantic Blackbox is organizing a series of Seven Walks for Historical & Ecological Recovery over seven months from June through November 2024. Detailed info can be found here: [WHERE2024 – Atlantic Black Box](#). The Legacy Work events have already happened and many of them were recorded and can be accessed on the website.

Of the walks, the first one in Portland already happened in June, and the second one will take place on July 20 at Coastal Maine Botanical Gardens.

The Norridgewock Memory Walk on Saturday, August 17, 2024, to commemorate the 300th anniversary of the Norridgewock massacre, hosted by Wabanaki REACH and in collaboration with other Wabanaki partners at the historic Pines sacred site. Details and registration link will be posted soon here: [The Norridgewock Memory Walk — The Walk for Historical & Ecological Recovery \(walkwhere.org\)](#)

The First Parish Portland Wabanaki Allies Team will participate as a group, other UUs from around Maine may want to do the same. The Pejepscot Portage Walk on October 5 in Brunswick is co-organized by the Pejepscot Mapping Project in which members of the Brunswick UU church are participating. [The Pejepscot Portage Walk — The Walk for Historical & Ecological Recovery \(walkwhere.org\)](#)

The Inclusive Walking Tour in Saco-Biddeford on October 19, is co-organized by Portland area SURJ chapter (Showing up for Racial Justice). [The Inclusive Walking Tour Walk — The Walk for Historical & Ecological Recovery \(walkwhere.org\)](#)

All the Walks combine an actual walking tour retracing some historical / colonial event combined with a program with guest speakers and some have an art element - so even folks who cannot do the walking have plenty of opportunity to participate by listening and learning.

Board of Trustees

The Board of Trustees will not meet in July.

The next board meeting is Thursday, August 8, 2024.

All are welcome to attend but please see the [UUCS Policy for Board Meeting Visitors](#).

General Information

Worship Services are held IN-PERSON
Events may still be held virtually in the
UUCS ZOOM ROOM

Other ways to UCC Zoom Room Zoom:

- 1. Join from your internet browser by clicking this link or typing this into your browser:
<https://zoom.us/j/8238070673>, launch Zoom, then enter **passcode: 6971****
- 2. Select “Join Meeting” from the Zoom application on your computer or mobile device.**

UCC Meeting ID: 823 807 0673 – then enter **passcode: 6971**

- 3. Join by phone: dial 1 646 558 8656 (NOTE: toll charge may apply)**

At first prompt (meeting id: 823 807 0673#)

At second prompt: press # (no personal id needed) <No passcode needed when joining by phone>

NOTE---*6 is mute AND un-mute on your phone. The host cannot mute or un-mute people who phone-in.

HOSTS: Once in your meeting, claim the host using the HOST KEY as you have done in the past.

UCC Pastoral Ministry Team

We are here for you. Feel free to reach out in times of need for compassionate listening, for casual conversation, to share some good news, to share your struggle or just to say hello.

Martha Pelletier, Chair	207-685-9592 (h)	pellsav64@gmail.com
Helen Zidowecki	207-582-5308 (h)	hzmre@hzmre.com
Peggy Lamb	207 622-5174 (h)	plambflowers@outlook.com
Lori Milner	520-437-3442 (c)	lmilner3@gmail.com

Caring Cooperative support includes rides, meals, errands, get well and condolence cards as well as companion visits.

If you would like to request or suggest meal support: contact Martha Pelletier 685-9592.

If you would like to request or suggest cards: contact Peggy Lamb 622-5174.

UCC Small Group Ministry



Looking for greater human and spiritual connection during this most disconnected of times? Small Group Ministry offers this vital need in our spiritual community, and so much more! For more information, contact Linda Findlay (207-377-8028, linda.findlay@gmail.com) or Helen Zidowecki (207-582-5308, hzmre@hzmre.com)

UCC Office Hours & Notes

UPDATED E-blast & Office Hours

E-blasts will be produced on the 1st and 3rd Wednesdays of each month. The upcoming schedule is:

- E-Blast (7/25)
- NO E-blast (7/31)
- E-Blast (8/7)
- NO E-Blast (8/14)

EBLAST SUBMISSION DEADLINE: Articles due by noon on Tuesday, the day before the E-blast is distributed. Articles received after this time may not be included in the E-blast. Send articles to admin@augustauu.org

UCC Office Hours NEXT WEEK

Church Administrator - Open office hours:

Tues, Wed and Thurs – 8:00 a.m. – 2:00 p.m.

Rev. Donna Dolham

Minister's study – (207) 623-3663

Pastoral Emergencies only - use cell phone

Email: minister@augustauu.org

Visit [Calendly Scheduling Link](#) to schedule an appointment with Rev. Dolham.

Rev. Donna is on vacation the week of July 29 – she will return on August 5th. See E-blast email body for who to call in her absence.

Staff Contact information: Church Administrator, Lynn M. Smith, admin@augustauu.org, Phone 622-3232
Music Director, Bridget Convey, musicdirector@augustauu.org