**Small Group Ministry**

**Group Session Plan**

**Question of God**

**Opening Words**

Comfortable beliefs lack the element of surprise that invokes awe. So expand your frame of vision. Suspend your belief. Your God is probably far too small to be deserving of that name. By the same token, if you doubt God's existence, the God you disbelieve in is probably even smaller. So take a chance. Suspend your disbelief. I once decided that I was not religious, simply because I rejected the first God I was introduced to. How incredibly unimaginative, to let someone else define God for you and, then, having outgrown their definition, never to unshutter and look out a larger window. Human history presents a pageant of Gods, one succeeding the next.

*Lifecraft* by Rev. Forrest church

**Check-in/Sharing**

**Topic/Activity**

The word God is powerful for each of us -- Christian, Pagan, Theist or Atheist. And we think of God in many ways, as Goddess, as savior, as lover, as friend, as mystery, as judge, as destroyer, as spirit.

1. What is your definition of God? How has this been shaped? If you do not use the word God, is there a word, such as spirit, that you do use?
2. Do you have a relationship with God? And considering God, Spirit or no God at all, what earthly difference does this make to your life? How does it inform your understanding of yourself as a religious person, as a Unitarian Universalist?

**Likes and Wishes**

**Closing Words**

The knower and the known are one. Simple people imagine that they should see God, as if He stood there, and they here. This is not so. God and I, we are one in knowledge.

Meister Eckhart

Session suggested by Leann Diehl

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